

Benign Mesothelioma - Brief Description

Written by mesothelioma-news

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Mesothelioma is the name given to the **cancer** affecting the lining surrounding the internal organs of the human body. Although it is usually known to be a deadly disease, there are also some benign forms of the **mesothelioma**, which don't lead to the death of the patient.

However, this doesn't mean that the person suffering from it is completely safe. If not treated and kept under control, the benign mesothelioma can become as life threatening as the cancer bearing the same name. This article is dedicated to a brief description of the benign form of mesothelioma.

When hearing the term benign mesothelioma, people usually think about cancer. But this is not the right attitude towards it, since there is a great difference between the benign mesothelioma and the fatal form of this cancer.

The difference is that the benign mesothelioma is a tumor, not a cancer. The difference between a tumor and a cancer is not in the consistence of the cells, but in the way they affect the human body. Thus, cancer spreads all over the body, while the tumor is restricted to a certain area in the body.

Due to this big difference between the two, patients diagnosed with benign mesothelioma don't need to worry too much about their health condition, since with the proper treatment they can get rid of it. However, the mesothelioma diagnosis itself bears a certain amount of negativity no one can shake off.

As far as the causes generating benign mesothelioma in the body, doctors have established that it appears to be the presence of asbestos fibers in the body. Because of the fine structure of the asbestos powder, this substance is easily inhaled, most of the times without the person knowing it.

Thus, the asbestos fibers get into the lungs and from there they pass into the pleura. The pleura are the soft, sheath layers that surround the lung, assuring their protection. The asbestos fibers pile up in those pleural cells, and these cells in their turn react against these asbestos fibers.

The best thing to do after being diagnosed with benign mesothelioma is to seek for medical advice, which will consist of providing surgery that will remove the tissues affected by the asbestos fibers. Do that as soon as possible, in order to avoid the spreading of these fibers in that tissue which will harden itself in such case.

The worse part of postponing surgery in this case is that benign mesothelioma can degenerate into pleural mesothelioma, which is a cancer. Another negative aspect is that even during the surgery those asbestos fibers can diffuse and lead to pleural mesothelioma. In order to avoid this last situation, patients with benign mesothelioma are usually subject to a period of strict observation.

The only effective method of getting rid of any kind of mesothelioma is not to inhale such particles by using the appropriate protection gear. However, if you experience shortness of

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breath and chest pain, talk to your doctor for further investigation and professional health care.